

# YOUR SIX MONTH OLD



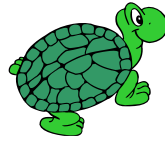
## Now and in the next few months, your child will:

- ♥ Quiet down when someone talks to her
- ♥ Reach for and grasp a toy
- ♥ Sit briefly without support
- ♥ Hold his head upright and steady without support
- ♥ Roll from stomach to her back and then to her stomach
- ♥ Turn his head toward sounds he hears or to watch you
- ♥ Make many different sounds and laugh out loud
- ♥ Be pleasant (sociable) with parents and family members
- ♥ Move around by rolling, scooting and crawling
- ♥ Explore every small thing in her environment
- ♥ Become aware he has some effect on what happens and looks for ways to make or cause it (rattle-sound)
- ♥ Begin to understand simple words like "Mommy, Daddy, bye-bye, baby"
- ♥ Sleep almost 15 hours a day but becoming less
- ♥ Become clingy when strangers are around



## TOYS OF INTEREST

- ♥ Balls of various sizes
- ♥ Containers of most sizes
- ♥ Stacking toys
- ♥ You

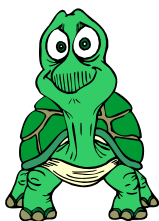
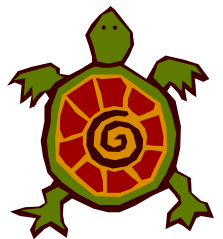


## PARENTING HINTS

- ♥ Your baby's new mobility brings many safety problems. Since he puts everything into his mouth, including anything found on the floor, he can easily find items which cause choking. Block off stairways, electrical plugs and heat sources. Check everything; he will. Never leave him alone in the bathtub.
- ♥ If she still wakes at night, try not to pick her up but still comfort her by talking and reassuring her.
- ♥ Give him your total attention so he learns how important he is to you. Talk to him and tell him what is happening around him to help his language development.
- ♥ Give her small problems to solve-- an obstacle to move in order to get to her toy. Play games such as peek-a-boo.
- ♥ He will drop or throw things (or food) just to see what will happen. He is learning that he is in control of some things.
- ♥ Enjoy her. This is a delightful developmental stage.
- ♥ It's not too early to begin reading. He will like the words and closeness with you. You may need to wait until he is quiet or a little tired to get him to sit still for this experience.
- ♥ Don't rush your baby forward in her development even if she is advanced. You have to let each stage sink in first before she can go on to the next step with real skill.
- ♥ Remember babies are all different. Some are quiet, some active. Make allowances for your baby to be who he is. You will both get along better if you do.

**Your Baby at Six Months is learning every day and he is now beginning to remember. He sees you do things and he knows what should happen next. Routines are now important to him, but so are new and different experiences. Both he and his life change daily. This is an exciting time.**

**We believe that as a parent, you are your child's first and most important teacher and an expert on his development.**



## FIRST TEACHER DEVELOPMENTAL CARDS

Already you are becoming the expert on your child's development. For that reason, pay attention to what he does. He may respond now when you call him by name. His eyes follow a toy when you move it around; he may try to reach it even though he usually can't grasp it. But best of all you see him responding to you as he chuckles, smiles, coos, and even laughs. You should see at least some of these behaviors by your baby or you should check with your doctor.